**Recovery Republic Timetable 2024**

| **Monday** | 10.30am - 12 noon1pm - 3pm | Women’s GroupDrop In form filling  |
| --- | --- | --- |
| **Tuesday** | 9.30am - 11am9. 30am - 2.30pm6:30pm – 8:30pm | Card MakingOne to one Meditation with Kate - by appointmentRedeemed Christian Church of God (use facilities) |
| **Wednesday** | 11am-12.noon10am - 12 noon11am7.30pm - 9pm | Group Meditation with Kate - by appointmentCo-operative Harmony Music GroupWalking Group - Walk & Talk Narcotics Anonymous |
| **Thursday** | By appointment10.30am - 12.30am1pm - 3pm1pm - 3pm | HCMA (Heywood Community Money Advice) - by appointmentFlourishing - a wellbeing course (speak with Ann Syddall, Support Worker)Men’s GroupSwap to Stop - Living Well, Smoking Cessation - Free 4 week supply of vapes |
| **Friday** | 10am- 12pm1pm - 3pm7pm – 8.30pmEvening | Heads Together (inc bingo / Quiz / Raffle)Georgina Whitaker, Psychology (Referral Required)Ukulele Group (Fortnightly) Heywood Light Chapel International (Use facilities) |
| **Saturday** | 11.30am – 1.30pm3pm - 6pm10.30am - 12.30pm  | Music Group Choir Rehearsal (RCCG)Councillor Surgeries (1st Sat in every month commencing 2.7.22) |
| **Sunday** | 10am – 12pm1pm - 3pm | Redeemed Christian Church of God (Use facilities)Heywood Light Chapel International (Use facilities) |

**\*\*For further information or to discuss room hire, please contact Recovery Republic on 01706 622722**

**Instagram: recoveryrepublic2011**

**FUTURE EVENTS: 27th July 11am - 4pm Carlfest. Summer Fair inc. live music, stalls etc**

**Recovery Republic Room Use Timetable 2023**

| Room | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Garden |  |  |  | **Garden Group**11am - 1pm |  |  |  |
| Refectory | **Women’s Group**10.30 - 12 noon**Drop in form filling**1pm - 3pm | **Card Making**9.30am - 11am | **Narcotics** **Anonymous**7.30pm- 9pm |  **Men’s Group** 1pm – 3pm | **Heads Together****Bingo & Raffles**10am - 12pm**Ukulele Group** 7pm-8.30pm | **Councillor Surgeries**10.30am - 12.30pm(1st Sat in every month |  |
| Computer Suite |  |  |  | **HCMA** Debt Advice(By appointment) |  |  |  |
| Activity Room |  | **Redeemed Christian Church of God** 6:30pm-8:30pm |  |  | **Heywood Light Chapel International** (Use facilities) | **Music Group**11.30am - 1.30pm | **Redeemed Christian Church of God** 10am-12pm**Heywood Light Chapel International**1pm-3pm |
| Mtg Rm 1 |  | **Bev Hilton****HPCN** | **Sam / Gina**9am - 1pm | **Flourishing**10.30am - 12.30am**Swap to Stop**1pm - 3pm |  |  | **Redeemed Christian Church of God**10am-12pm |
| Mtg Rm 2 |  | **One to One Meditation**9.30am - 2.30pm(By appointment) | **Group Meditation**(By appointment) | Sam / Gina | Georgina Whitaker1pm - 3pm |  |  |
| Lower Ground Floor |  |  | **Co-operative Harmony Music Group**10am -12 noon |  |  |  |  |